

# reachbulletin

september 2015 vol. 23 no. 3 | resources employment and community horizons



REACH-Roxas ministry members and national representatives at apartment launching.

## Vision:

The gospel and God's Kingdom, actively and freely permeating all levels of society in a holistic and contextualized manner.

## Mission:

To develop disciples of Jesus Christ as whole persons and promote a contextualized holistic Christian discipleship in the developing world.

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**Equipping People to Become Complete in Christ**

# Roxas Revives Ladies Training Apartment:

*Home, Acceptance, God & Ministry skills*



*The apartment ladies: l. to r. Ira Chua, Precy Felasol, Rosnah Ussop, Maribeth Calinao, and Lorigen Brillo.*

**T**he REACH-Roxas City ministry relaunched a ladies training apartment on July 26 to provide a life-changing experience for students. The apartment is located near the Capiz State University campus. Lorigen Brillo leads the apartment.

Rocelyn Magallanes, a full-time field staff worker in Roxas, kicked off the event with prayer and a presentation about REACH. She turned the program over to Lorigen who spoke about the objectives and house rules. Lorigen knows life in a training apartment. She lived in the ministry's previous training apartment led by Mercy Beltran.

Lorigen said the apartment will

provide students a home where they find security and acceptance, grow closer to God, develop leadership skills, and be equipped as disciple makers.

Ira Chua also lived in the former training apartment and will be an older sister to the new members. She gave a video testimony about her apartment experiences because she was attending a review for her board exam. She said the training apartment was a blessing to find because she felt confused in the new environment when she arrived to study in Roxas. She recalled being an independent person but enjoyed the interaction with her roommates who gave her understanding and helped her grow in many ways. She said what you get

out of the training apartment depends mostly on one's attitude.

Jerry Francisco, National Youth Coordinator, told the ladies that tension is normal in relationships, but it is important at the end of the day to remember that they are sisters in Christ. He reminded them to delight in the law of the Lord (Psalm 1), to find peace and rest in God (John 14:27, Matthew 11:28), that they are more than conquerors (Romans 8), and that they are loved with an everlasting love (Jeremiah 31:11).

Joining Jerry to represent the national ministry was Alma Francisco and Dave and Tina Brooks. ■



# Girls' Talk: Anything Under the Sun

Ladies, if you are in Metro Manila and looking for informal fellowship and a place to talk about anything under the sun, Girls' Talk is for you on Saturdays.

The group's roots go back to when Dynna Golez met with CJ Manguba and Karen Coronel in Makati. Girls' Talk officially started when Dynna, Chunette Paraggua, and Johans Ufano started meeting once a month. They restaurant-hopped until they found a quiet place with ambiance to talk.

In order to reach out to those not residing or working in Makati, they now meet every Saturday with no specific venue as of yet.

What do they talk about? They share experiences related to work, family, love life, their prayer requests, and other updates. They also discuss the lives of women in the Bible from the book, *Her Name is Woman*, by Gien Karszen.

If you would like to join, contact Dynna, Chunette, or Johans to find out how you can catch up with them.



L. to r.: Chunette Paraggua, Johans Ufano, and Dynna Golez meet informally to talk about life and their relationship with God on Saturdays during Girls' Talk.

*"The Girls' Talk has been a great encouragement for me. It is my support group. Every meet-up we study the life of one of the women characters in the Bible. From there, we reflect and meditate on it and share to one another, how we are going to apply our learning in real life. We also share our recent activity at work and the struggles and challenges we are facing at a certain season. After our meet-ups, I am usually refreshed and encouraged."*

— Johans Ufano



Coleen, Portia, Ezeeph, Joyce, Jaha, Jhunemarc & JD.

## Thank-You's All Around at REACH-UPLB Ministry

The REACH-Los Baños ministry held its traditional graduation party on July 4. The graduates expressed gratitude to God and to their parents for helping them finish college. Parents and relatives also expressed thankfulness to the ministry for nurturing their children and imparting good values. Parents received certificates of appreciation. Ministry alumni contributed funds and helped organize the event. Their efforts are also much appreciated. Pray for the graduates to pass their board exams, find jobs, and maintain the vision to make disciples.



*Top: Unloading corn from the Christian Farmers Coop's new Elf truck. Bottom: Coop warehouse.*

## Christian Farmers Coop in Cabagan Starts Grain Business

The Christian Farmers Coop in Cabagan, Isabela expanded into trading grain in August—specifically yellow corn, for the time being. Grains can be rice, yellow or white corn.

The general assembly approved a plan presented by the coop board on March 28. The coop started buying grain on August 25, the day after the coop bought an Elf truck.

A farmer can ask for a cash advance for labor and harvesting. The coop hires on an on-call basis a driver, classifier, and helpers to carry the corn when a farmer requests his corn to be picked up. The corn is weighed and accounts settled between the farmer and the coop. The coop then sells the grain to one of the larger traders in Isabela province.

This is the first time for the coop to venture into this kind of business says coop manager, Ruby Cureg. “We rest on God’s grace and power to prosper the new business.” ■



## REACH-ISU Welcomes Students

Ninety students attended the Welcome Treat for new students held by REACH-Cabagan at Isabela State University on July 14. Besides games and praise and worship, Lea Gammad talked about the REACH ministry, Redentor Rivera (former president of the REACH chapter) shared his testimony, and Jerry Francisco gave an evangelistic message. ■

# Meyer Scholarship Provides Hope and a Better Future



April and husband, Alfie, with their two children l. to r. Alianne and Aldanne.



Bernadeth on the left with two co-workers during a DSWD project for poor children.

The Meyer Memorial Scholarship Program is a study now, pay later program in memory of Craig Meyer. Craig served with the Navigators and was married to Deb Meyer, the sister of Ed Jimenez. Two former scholars share their appreciation for the scholarship's help. Those in need of assistance may contact the REACH office for details about applying.

## April Mijares Guance

I dreaded high school graduation—not because I didn't wish to graduate but because it meant facing college afterward. What happens next if you grow up in a poor, broken family that barely survived everyday expenses? Nothing. It meant NO COLLEGE.

But I was blessed to meet amazing people who helped me in my walk with God during my Sophomore year at Quirino High School. I claimed His promise that I am His daughter, deeply loved and highly favored. I knew deep inside, He planned amazing things for me and He would never let me down (Jer. 29:11).

True enough, even before I walked on the stage to receive my Salutatorian Honors, those very same people who led me to Him granted me to be a benefi-

ciary of the Meyer Memorial Scholarship Program. As a result, my hope and faith increased more and more.

Today, my husband and I are blessed to live and work in Singapore for nearly four years. Our kids are getting the best lives we

could possibly provide. Without the Meyer Memorial Scholarship Program and guidance from my REACH family, I don't know what could have happened to me. I may not be so rich but I believe I am a *successful woman*, similar to poor Joseph, "The Lord was with Joseph, and he became a successful man..." (Gen. 39:2).

It is not *WHAT* you have but rather *WHO* you have in your life. I am forever grateful to my REACH family and the people behind the Meyer Memorial Scholarship Program for the help they provided me and continue to do so for other kids.

## Bernadeth Manicane Apostol

I graduated at Isabela State University with the degree of Bachelor in Elementary Education. At present I work at the Department of Social Welfare and Development in the National Capital Region as City Link of Pantawid ng Pamilyang Pilipino Program (4Ps). It's been a great opportunity to work in this institution. I have learned a lot and I'm growing as an employee.

I'm very thankful for the Meyer Memorial Scholarship Program of REACH Ministry for giving financial support to finish my studies. Without the program I wouldn't be able to be where I am now. Thank you...and more power!

*Editor—The 4Ps provides conditional cash grants to help the poorest of the poor to improve health, nutrition, and education of children aged 0-18.*

# Building *Basic Trust*

Parenting isn't easy. It's a delicate balance between guiding and knowing when to let go in right measure so kids can grow into the person God designed them to be and be equipped to stand faithfully in a challenging world.

That balancing act begins from the first developmental stage called *basic trust*. It is also the foundation for each succeeding developmental stage.

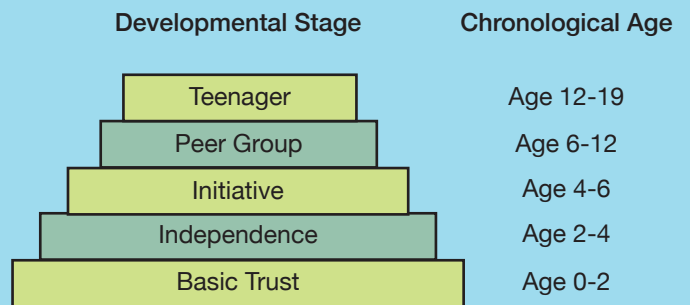
What is basic trust and why is it important? Basic trust is the ability to entrust one's heart to God and (within proper boundaries) to others.

Basic trust is primarily formed in a child through the nurture of the parents in the first few years of life. When basic trust is established, the child can appropriately separate from the parents and learn to rely directly on God.

So how can parents establish basic trust in their child and fulfill the developmental needs in each stage of maturity? The following tables show the needs of each stage, what healthy development looks like, and the results when the needs are not met.



*Hand in Hand by Ricardo Simoes.*



Stage One: Basic Trust (Total Reliance) (Age 0-2)		
What's Needed to Create Basic Trust:	When Basic Trust is Acquired, the Child:	Adult issues when Basic Trust is not Developed:
<ul style="list-style-type: none"> <li>To be cared for physically (fed, diapered, touched, held, and sung to). (Psalm 22:9)</li> <li>To be shown much gentle affection (played with, rocked, sung to by both parents).</li> </ul>	<ul style="list-style-type: none"> <li>Feels secure: I am OK, loved.</li> <li>Knows it's all right to be the "center of the universe" at this stage.</li> <li>Is able to receive nurture from another, embrace life, even if wounded.</li> <li>Is able to adapt to changes.</li> <li>Learns that parents exist even when they are out of the room.</li> <li>Learns to relate to God and to others (heart to heart).</li> <li>Acquires strength of spirit, enabling the next step (independence).</li> </ul>	<ul style="list-style-type: none"> <li>Can't feel God's presence or can't meet spirit-to-spirit.</li> <li>Generalized anxiety.</li> <li>Performance orientation (having to perform for love and acceptance).</li> <li>Controlling by compliance or dominance.</li> </ul>
<p>Studies show that while the baby is in the womb, it can hear, it can feel the emotions of the mother. So it is very important for the mother to have a stable mind and emotions (joyfulness) during pregnancy.</p>		

### Stage Two: Independence (Age 2-4)

What's Needed to Create Independence:	When Independence is Acquired, the Child:	Adult Issues when Independence is not Developed at this Stage:
<ul style="list-style-type: none"> <li>Freedom to say "no" without harsh discipline.</li> <li>Freedom to venture away from and return to consistently affectionate parents.</li> <li>To be disciplined fairly and lovingly (not feeling rudely punished).</li> </ul>	<ul style="list-style-type: none"> <li>Has courage to say "no" to giants (adults).</li> <li>Can overcome "separation anxiety" and have courage to wander away (knowing Mom and Dad will still be there).</li> <li>Can tell the difference between "me" and "you" (individuation).</li> <li>Expect fair treatment (even when naughty).</li> <li>Can play alongside, but can't yet fully interact with other children.</li> </ul>	<ul style="list-style-type: none"> <li>Can't say no/conformist.</li> <li>Confused, undisciplined.</li> <li>Can't interact in relationships, either complies or dominates.</li> <li>Enters dependent/codependent relationships.</li> </ul>

### Stage Three: Initiative (Age 4-6)

What's Needed to Create Initiative:	When Initiative is Acquired, the Child:	Adult Issues when Initiative is not Developed at this Stage:
<ul style="list-style-type: none"> <li>To be affirmed in accomplishments.</li> <li>To be supported in group activities outside the home.</li> </ul>	<ul style="list-style-type: none"> <li>Have security inwardly, not just in parents or others.</li> <li>Be able to handle prolonged separations from parents (school).</li> <li>Feel confident when trying new things.</li> <li>Overcome shyness with peers (children first play alongside, then with others).</li> <li>Be able to share toys.</li> <li>Neither comply with nor dominate others; instead, interact playing by the rules.</li> </ul>	<ul style="list-style-type: none"> <li>Self-critical about failures.</li> <li>Can't stand separation from loved ones.</li> <li>Can't give and take in relationships.</li> <li>Loner, antisocial.</li> <li>Controlling/conforming.</li> <li>Lacks sense of destiny.</li> </ul>

### Stage Four: Peer-Age (Group) (Age 6-12)

What's Needed to Create Confidence and Capability with Peers:	When Confidence with Peers is Acquired, the Child:	Adult issues when Confidence & Capability is not Developed at this Stage:
<ul style="list-style-type: none"> <li>To feel accepted by a group of peers.</li> <li>To be guided and supported by parents as the grown child forms friendships, and compares values/morals of family and peers.</li> <li>To feel competent as games and activities become more complex and he/she experiments with some adult life skills (money management, etc).</li> </ul>	<ul style="list-style-type: none"> <li>Able to resist peer pressure and obey parents.</li> <li>Appropriately comply with both parents and peers without losing personhood.</li> <li>Have a keen sense of what's fair (with both parents and peers).</li> <li>Will be able to withstand conflict in friendships.</li> <li>Feel competent in tasks and unafraid to take on new challenges.</li> </ul>	<ul style="list-style-type: none"> <li>Socially incapable of relating to others (Social phobia), fear of rejection.</li> <li>Too easily hurt, overly sensitive.</li> <li>Easily pushed around (no sense of what's fair so easily taken advantage of).</li> <li>Has no opinion of one's own.</li> <li>Problems with authority.</li> <li>Can't verbally complement others.</li> </ul>

### Stage Five: Teenager (Individuating & Internalization) (Age 13-19)

What's Needed to Create an Environment for Individuating & Internalization:	When Proper Development at this Stage is Acquired, the Teen:	Adult issues when Individuating and Internalization are not Developed:
<ul style="list-style-type: none"> <li>• To feel that Mom and Dad trust them and believe in them.</li> <li>• Not to be controlled like younger children (1 Timothy 3:4 refers only to children under 13 years old).</li> <li>• Not to be lectured (Proverbs 22:6 refers to a "child" under 13).</li> <li>• To have parents share about their own mistakes.</li> <li>• To have parents who are not unnerved by strange new behavior.</li> </ul>	<ul style="list-style-type: none"> <li>• Individuate: know and walk in his/her own identity.</li> <li>• Internalize: accept true faith and values as his/her own.</li> <li>• Become stable and ready to make the all-important decisions of early adulthood (choosing a mate, career, etc.).</li> </ul>	<ul style="list-style-type: none"> <li>• "Goody two shoes" character (doing everything "right" without the right motive). or:</li> <li>• Rebelliousness.</li> <li>• Lacking sense of destiny.</li> </ul>

#### Individuating & Internalization

Individuating is a normal part of maturing during the teenage years. It can be frightening for parents. Individuating is the process of teens internalizing what set of values they are going to believe and follow in life.

While a child simply accepts the parents' values and faith, a teen must explore and compare those of his parents, peers, and society while establishing his own tastes, values and faith.

Mistakes may be made, but parents can help their

teenager understand the choices and consequences she faces and provide unconditional acceptance.

At the end of the teenage stage the youth emerges owning his values convinced that they are true.

The best thing parents can do during this stage is to be available to talk, listen, and give gentle guidance—without being controlling.

*Adapted from Elijah House*

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### Disciplemaking in the Developing World

REACH Ministries is developing disciples of Jesus Christ as whole persons in the context of the developing world. Specifically, it seeks to maximize the growth of disciples and disciple-makers in the face of complex social and economic environments in the developing world. Toward this end, REACH is committed to the following: the whole person; indigenous leadership styles; the poor; and disciplemaking through—staff development; ministry enhancement; socio-economic development; high school and collegiate outreach; developing contextualized materials; and practicing godly administration and management.